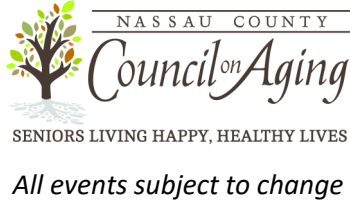


MON	TUE	WED	THU	FRI
 Happy LABOR DAY	1 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	2 8:30 Coffee/Word Search 9:00 Beach Ball Game 10:00 Bingo 11:00 Lunch 	3 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	4 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 
7 LABOR DAY — CLOSED WE WILL BE CLOSED ON LABOR DAY	8 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	9 8:30 Coffee/Word Search 9:00 Balloon Game 10:00 Bingo 11:00 Lunch 	10 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	11 8:30 Coffee/Word Search 9:00 Music w/ Terry Murphy 10:00 Bingo 11:00 Lunch
14 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 	15 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	16 8:30 Coffee/Word Search & Morning Exercise 9:00 Word Challenge Starts with AARRRO!!!! 11:00 Lunch	17 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	18 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 
21 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 	22 8:30 Coffee/Word Search 9:00 A Matter of Balance w/ Jennifer Smidt—AHEC 11:00 Lunch	23 8:30 Coffee/Word Search 9:00 Beach Ball Game 10:00 Bingo 11:00 Lunch 	24 8:30 Coffee/Word Search & Morning Exercise 9:00 Word Challenge Starts with AARRRO!!!! 11:00 Lunch	25 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 
28 8:30 Coffee/Word Search 9:00 Word Fun 10:00 Bingo 11:00 Lunch 	29 8:30 Coffee/Word Search & Morning Exercise 9:00 Word Challenge Starts with AARRRO!!!! 11:00 Lunch	30 8:30 Coffee/Word Search 9:00 Squishy Ball Game 10:00 Bingo 11:00 Lunch 		 SENIORS LIVING HAPPY, HEALTHY LIVES <i>All events subject to change</i>

MON	TUE	WED	THU	FRI
 Happy LABOR DAY	1 1:00-3:00 Crocheting Class with “Hilliard Hookers” 	2 2:00-4:00 Advanced Crocheting Class w/ “Hilliard Hookers” 	3 1:30-3:30 Line Dancing with Tanya 	4 2:00-4:00 Game Day: Checkers, Connect 4, Memory Games 
7 	8 1:00-3:00 Crocheting Class with “Hilliard Hookers” 	9 2:00-4:00 Advanced Crocheting Class w/ “Hilliard Hookers” 	10 1:30-3:30 Line Dancing with Tanya 	11 2:00-4:00 Game Day: Checkers, Connect 4, Memory Games 
14 1:30-3:30 Line Dancing with Tanya 	15 1:00-3:00 Crocheting Class with “Hilliard Hookers” 	16 2:00-4:00 Advanced Crocheting Class w/ “Hilliard Hookers” 	17 1:30-3:30 Line Dancing with Tanya 	18 2:00-4:00 Movie: “Sandlot” 
21 1:30-3:30 Line Dancing with Tanya 	22 1:00-3:00 Crocheting Class with “Hilliard Hookers” 	23 2:00-4:00 Advanced Crocheting Class w/ “Hilliard Hookers” 	24 1:30-3:30 Line Dancing with Tanya 	25 2:00-4:00 Game Day: Checkers, Connect 4, Memory Games, Etc. 
28 1:30-3:30 Line Dancing with Tanya 	29 1:00-3:00 Crocheting Class with “Hilliard Hookers” 	30 2:00-4:00 Advanced Crocheting Class w/ “Hilliard Hookers” 		 <i>All events subject to change</i>

Please pre-register by calling Nassau County Council on Aging — Westside Senior Life Center: (904) 845-3331

Activities: (904) 675-9833

Email: msnead@nassaucountycoa.org