Nassau County Council on Aging

"The Club" Adult Day HealthCare Program

1901 Island Walk Way, Fernandina Beach, FL 32034 • 9047755480

November 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 CLOSED	**2** **9** Elvis Music w/Lane **10** Total Balance: Julie O. **11** Piano & Songs: Linda & Linda **12** Lunch & Rest **12:30** Jeopardy: Julie L. **1** Jams w/Joyce **2** **PT: Fitness Center** **3:15** Rest & Snack	**3** **9** Coffee & Conversation **9:30** Dance & Stability: Laura **10** Jam Band **11** **OT w/Brittany** **12** Lunch & Rest **1** Thanksgiving Activity **2** **Speech & Cognitive Therapy: Heather** **3:15** Rest & Snack	**4** **9** Coffee & Conversation **9:30** Humane Society Visit **10** Bruce's Band & Friends **11** **OT w/Brittany** **12** Pizza Party Lunch **1** Garden Club **2** **Speech & Cognitive Therapy: Michelle** **3:15** Rest & Snack	**5** **9** Coffee & Conversation **10** Bluegrass Music & Stories: Dave T. **11** Cultural Conversations: Shirish **12** Lunch & Rest **1** Brain & Memory Games **2** **PT: Fitness Center** **3:15** Rest & Snack	**6** **9** Coffee & Conversation **10** **Soft Touch Pet Therapy** **10:30** **OT w/Brittany** **12** Lunch & Rest **1** Live Music: John Thomas **2** Art with Rita **3** Rest & Snack	**7** CLOSED
8 CLOSED	**9** **9** Coffee & Conversation **10** Total Balance: Julie O. **11** Piano & Songs: Linda & Linda **12** Lunch & Rest **12:30** Jeopardy: Julie L. **1** Jams w/Joyce **2** **PT: Fitness Center** **3:15** Rest & Snack	**10** **9** Coffee & Conversation **9:30** Dance & Stability: Laura **10** Sound of Music: Barbara **11** **OT w/Brittany** **12** Lunch & Rest **1** The 2Js Band **2** **Speech & Cognitive Therapy: Heather** **3:15** Rest & Snack	**11** **CLOSED FOR VETERANS DAY**	**12** **9** Coffee & Conversation **10** Bluegrass Music & Stories: Dave T. **11** Art Therapy w/Bethany **12** Lunch & Rest **1** Reminiscent Therapy: Kerri **2** **PT: Fitness Center** **3:15** Rest & Snack	**13** **9** Coffee & Conversation **10** **Soft Touch Pet Therapy** **10:30** **OT w/Brittany** **12** Lunch & Rest **1** Acoustic Guitar w/Bill **2** Art with Rita **3** Rest & Snack	**14** CLOSED
15 CLOSED	**16** **9** Coffee & Conversation **10** Total Balance: Julie O. **11** Piano & Songs: Linda & Linda **12** Lunch & Rest *Continued on other side*	**17** **9** Coffee & Conversation **9:30** Dance & Stability: Laura **10** Jam Band **11** **OT w/Brittany** **12** Lunch & Rest *Continued on other side*	**18** **9** Coffee & Conversation **10** Bruce's Band & Friends **11** **OT w/Brittany** **12** Lunch & Rest **1** Activity with Lee H. **2** **Speech & Cognitive Therapy: Michelle** **3:15** Rest & Snack *Continued on other side*	**19** **9** Coffee & Conversation **10** Bluegrass Music & Stories: Dave T. **11** Cultural Conversations: Shirish **12** Lunch & Rest *Continued on other side*	**20** **9** Coffee & Conversation **10** **Soft Touch Pet Therapy** **10:30** **OT w/Brittany** **12** Club Thanksgiving Luncheon *Continued on other side*	**21** CLOSED

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SUN	MON	TUE	WED	THU	FRI	SAT
15 **CLOSED**	**16** **12:30** Jeopardy: Julie L. **1** Jams w/Joyce **2** **PT: Fitness Center** **3:15** Rest & Snack	**17** **1** The 2Js Band **2** **Speech & Cognitive Therapy: Heather** **3:15** Rest & Snack	**18** **1** Activity with Lee H. **2** **Speech & Cognitive Therapy: Michelle** **3:15** Rest & Snack	**19** **1** World Travels: Alwynne **2** **PT: Fitness Center** **3:15** Rest & Snack	**20** **1** Live Music: John Thomas **2** Wellness w/Cece **3** Rest & Snack	**21** **CLOSED**
22 **CLOSED**	**23** **9** Coffee & Conversation **10** Total Balance: Julie O. **11** Piano & Songs: Linda & Linda **12** Lunch & Rest **12:30** Jeopardy: Julie L. **1** Jams w/Joyce **2** **PT: Fitness Center** **3:15** Rest & Snack	**24** **9** Coffee & Conversation **9:30** Dance & Stability: Laura **10** Sound of Music: Barbara **11** **OT w/Brittany** **12** Lunch & Rest **1** The 2Js Band **2** **Speech & Cognitive Therapy: Heather** **3:15** Rest & Snack	**25** **9** Coffee & Conversation **10** Reminiscent Therapy: Kerri **11** **OT w/Brittany** **12** Lunch & Rest **1** Thanksgiving Activity **2** **Speech & Cognitive Therapy: Michelle** **3:15** Rest & Snack	**26** **CLOSED FOR THANKSGIVING HOLIDAY**	**27** **CLOSED FOR THANKSGIVING HOLIDAY**	**28** **CLOSED**
29 **CLOSED**	**30** **9** Coffee & Conversation **10** Total Balance: Julie O. **11** Piano & Songs: Linda & Linda **12** Lunch & Rest **12:30** Jeopardy: Julie L. **1** Jams w/Joyce **2** **PT: Fitness Center** **3:15** Rest & Snack				THE Club NASSAU COUNTY Council on Aging SENIORS LIVING HAPPY, HEALTHY LIVES	