

THE SUCCESSFUL CAREGIVER

Join a welcoming community where you'll gain valuable knowledge, discover helpful resources, and leave feeling more empowered to provide compassionate care.



DETAILS

3rd

MONDAY

of each month • 3:30 – 5 PM

JANICE ANCRUM SENIOR LIFE CENTER
1901 ISLAND WALK WAY
FERNANDINA BEACH, FL 32034

- Presented by Becky Bond, RN, and Judy Ward, CPH
- Covers situations related to transportation, nutrition, medical equipment, "awkward topics," side effects, and more
- Find support, reduce stress, and connect with fellow caregivers.

ADDITIONAL INFO

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NASSAU COUNTY

Council on Aging

SENIORS LIVING HAPPY, HEALTHY LIVES