

GRIEVING WITH HOPE

Dealing with grief?
You are not alone

FREE TO ATTEND • ALL ARE WELCOME



2nd and 4th

MONDAY

of each month • 5:30 – 7 PM

JANICE ANCRUM SENIOR LIFE CENTER

1901 ISLAND WALK WAY

FERNANDINA BEACH, FL 32034

WHAT TO EXPECT:

- Experienced facilitators to guide sessions
- Presenters in grief counseling, hospital chaplaincy, and hospice nursing
- Support from others who understand the experience of loss

“Grieving with Hope” offers a compassionate space for those coping with the loss of a family member or close friend. Together, participants find encouragement, understanding, and hope through shared experiences and meaningful conversation. Whether you prefer to listen or share, you’ll be welcomed into a safe, private, and confidential environment where healing can begin.

ADDITIONAL INFO

jgundling@nassaucountycoa.org
904.775.5488

NASSAU COUNTY

Council on Aging

SENIORS LIVING HAPPY, HEALTHY LIVES