

CAREGIVER SUPPORT GROUP

DETAILS

2nd and 4th

WEDNESDAY

of each month • 3:30 – 5 PM

JANICE ANCRUM SENIOR LIFE CENTER
1901 ISLAND WALK WAY
FERNANDINA BEACH, FL 32034

- Practical advice for managing behaviors, routines, and daily care challenges
- Connecting families with community resources and services
- A safe space to share experiences with others facing similar situations

A support group that
focuses on Caring
for Caregivers.



ADDITIONAL INFO

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NASSAU COUNTY

Council on Aging

SENIORS LIVING HAPPY, HEALTHY LIVES